Bridgemere CE Primary School

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RSE and PSHE Curriculum Overview

Christopher Winters Programme

No Outsiders – Picture Books

Links to Science Curriculum

Links to Computing - Internet Safety

Links to EYFS curriculum

Link with PSHE association scheme of work.

Reception:

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| Family and Friendships  Lesson 1: Caring Friendships  You Choose  Red Rockets and Rainbow Jelly | Family and Friendships  Lesson 2: Being Kind  Hello Hello  The Family Book | Family and Friendships  Lesson 3: Families  Mommy Mama and Me  Blue Cameleon |

Children play co-operatively, taking turns with others. They take account of one another’s ideas about how to organise their activity. They show sensitivity to others’ needs and feelings, and form positive relationships with adults and other children.

Children are confident to try new activities, and say why they like some activities more than others. They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don’t need help.

Children talk about how they and others show feelings, talk about their own and others’ behaviour, and its consequences, and know that some behaviour is unacceptable. They work as part of a group or class, and understand and follow the rules. They adjust their behaviour to different situations, and take changes of routine in their stride.

Children talk about past and present events in their own lives and in the lives of family members. They know that other children don’t always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.

Year 1:

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| Growing and caring for Ourselves  Lesson 1: Different friends  Elmer  Going to the Volcano  Families and friendships roles of different people; families; feeling cared for  Safe relationships Recognising privacy; staying safe; seeking permission  Respecting ourselves and others How behaviour affects others; being polite and respectful | Growing and caring for Ourselves  Lesson 2: Growing and changing  Want to play Trucks?  Hair, it’s a family affair?  Animals including Humans  Using the internet safely and respectfully  Purple Mash Unit 1.1  Belonging to a community What rules are; caring for others’ needs; looking after the environment  Media literacy and Digital resilience Using the internet and digital devices; communicating online  Money and Work Strengths and interests; jobs in the community | Growing and caring for Ourselves  Lesson 3: Families and care  My World, Your World  Errol’s Garden  Physical health and Mental wellbeing Keeping healthy; food and exercise; hygiene routines; sun safety  Growing and changing Recognising what makes them unique and special; feelings; managing when things go wrong  Keeping safe How rules and age restrictions help us; keeping safe online |

Year 2:

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| Differences  Lesson 1: Differences  Can I join you Club?  How to be a Lion.  Animals including Humans  Keeping personal information private and identifying where to go for help and support when they have concerns about content or contact on the internet  Purple Mash Unit 2.2  Families and friendships Making friends; feeling lonely and getting help  Safe relationships Managing secrets; resisting pressure and getting help; recognising hurtful behaviour  Respecting ourselves and others Recognising things in common and differences; playing and working cooperatively; sharing opinions | Differences  Lesson 2: Male and Female Animals  The Great big Book of Families  Amazing  Belonging to a community Belonging to a group; roles and responsibilities; being the same and different in the community  Media literacy and Digital resilience The internet in everyday life; online content and information  Money and Work What money is; needs and wants; looking after money | Differences  Lesson 3: Naming the body parts  What the Jackdaw saw  All are Welcome  Physical health and Mental wellbeing Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help  Growing and changing Growing older; naming body parts; moving class or year  Keeping safe Safety in different environments; risk and safety at home; emergencies |

Year 3:

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| Valuing Difference and Keeping Safe  Lesson 1: Body Differences  We are all Wonders  This is our house  Unit 3.5 – We are communicators (Communicating safely on the internet)Purple Mash Unit 3.2  Families and friendships What makes a family; features of family life  Safe relationships Personal boundaries; safely responding to others; the impact of hurtful behaviour  Respecting ourselves and others Recognising respectful behaviour; the importance of self-respect; courtesy and being polite | Valuing Difference and Keeping Safe  Lesson 2: Personal Space  The Truth about Old People  Beengu  Belonging to a community The value of rules and laws; rights, freedoms and responsibilities  Media literacy and Digital resilience How the internet is used; assessing information online  Money and Work Different jobs and skills; job stereotypes; setting personal goals | Valuing Difference and Keeping Safe  Lesson 3: Help and Support  The Hueys in the New Jumper  Planet Omar  Animals including Humans  Physical health and Mental wellbeing Health choices and habits; what affects feelings; expressing feelings  Growing and changing Personal strengths and achievements; managing and reframing setbacks  Keeping safe Risks and hazards; safety in the local environment and unfamiliar places |

Year 4:

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| Growing Up  Lesson 1: Changes  Along Came a Different  Dogs don’t do Ballet  Families and friendships Positive friendships, including online  Safe relationships Responding to hurtful behaviour; managing confidentiality; recognising risks online  Respecting ourselves and others Respecting differences and similarities; discussing difference sensitively | Growing Up  Lesson 2: What is Puberty?  Aalfred and Aalbert  Red: A crayon’s story  Animals including Humans  Belonging to a community What makes a community; shared responsibilities  Media literacy and Digital resilience How data is shared and used  Money and Work Making decisions about money; using and keeping money safe | Growing Up  Lesson 3: Healthy Relationships  When Sadness Calls  Julian is a mermaid  To identify biased and non-biased information on the internet  Purple Mash Unit 4.2  Physical health and Mental wellbeing Maintaining a balanced lifestyle; oral hygiene and dental care  Growing and changing Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty  Keeping safe Medicines and household products; drugs common to everyday life |

Year 5:

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| Puberty  Lesson 1: Talking about Puberty  Kenny Lives with Erica and Martina  Rose Blanche  Families and friendships Managing friendships and peer influence  Safe relationships Physical contact and feeling safe  Respecting ourselves and others Responding respectfully to a wide range of people; recognising prejudice and discrimination | Puberty  Lesson 2: The Reproductive System  Mixed  How to heal a Broken Wing  Use technology safely, respectfully and responsibly.  Recognise acceptable and unacceptable behaviour  Purple Mash Unit 5.2  Belonging to a community Protecting the environment; compassion towards others  Media literacy and Digital resilience How information online is targeted; different media types, their role and impact  Money and Work Identifying job interests and aspirations; what influences career choices; workplace stereotypes | Puberty  Lesson 3: Help and Support  And Tango Makes Three  The Girls  Animals including Humans  Physical health and Mental wellbeing Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies  Growing and changing Personal identity; recognising individuality and different qualities; mental wellbeing  Keeping safe Keeping safe in different situations, including responding in emergencies, first aid and FGM |

Year 6:

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| Puberty, Relationships & Reproduction  Lesson 1: Puberty & Reproduction  King of the Sky  The only way is badger  Families and friendships Attraction to others; romantic relationships; civil partnership and marriage  Safe relationships Recognising and managing pressure; consent in different situations  Respecting ourselves and others Expressing opinions and respecting other points of view, including discussing topical issues | Puberty, Relationships & Reproduction  Lesson 2: Communication in Relationships  Leaf  Belonging to a community Valuing diversity; challenging discrimination and stereotypes  Media literacy and Digital resilience Evaluating media sources; sharing things online  Money and Work Influences and attitudes to money; money and financial risks | Puberty, Relationships & Reproduction  Lesson 3: Families, Conception & Pregnancy    The island  Introducing Teddy  Animals including Humans  Physical health and Mental wellbeing What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online  Growing and changing Human reproduction and birth; increasing independence; managing transitions  Keeping safe Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media | Puberty, Relationships & Reproduction  Lesson 4: Online Relationships  A day in the life of Marlon Dundo.  Purple Mash Unit 6.2 |

Additional folder Year 5/6:

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| Unit 1: FGM  Unit 2: Respect & Equality |