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| **Physical Education** **Core Curriculum** **Year 5&6****Autumn Term Year A** |
|  | **Autumn Term 1** | **Autumn Term 2** |
| **Unit of Work** | Netball (Year 6) | Tag Rugby(Year 5) | Football(Year 6) | Hockey(Year 6) |
| **Prior Learning** | Used specific netball skills in games. Played in different positions on the pitch both attack and defence. Moving the ball over longer distances. | Consistently performed basic tag rugby skills. Implemented rules, develop tactics in competitive situations. Increased speed and endurance during gameplay | Played effectively in a variety of positions and formations. Related a greater number of attacking and defensive tactics to gameplay. Attempted more skills when performing movements at speed. | Learned about attacking and moving toward a goal. Able to follow the basic rules for a hockey game. Learned how to pass, receive, control, dribble and shoot. |
| **Unit Focus – Key Knowledge & Skills** | Work as a team to improve group tactics and gameplay. Play within the rules using blocking skills for shots and passes. Develop defensive skills. | Combine basic tag rugby skills such as catching and quickly passing in one movement. Select and implement appropriate skills in a game situation. Begin to play effectively when attacking and defending. Increase the power of passes so the ball can be moved quickly over greater distance. | Choose and implement a range of strategies to attack and defend. Perform a wider range of more complex skills. Recognise and describe good performances. Suggest, plan and lead simple drills for given skills. | Combine basic hockey skills such as dribbling and push pass. Select and apply skills in a game. Play effectively in different positions on the pitch including in defence. Increase power and strength of passes, moving the ball over longer distances |
| **5 Essential Key Knowledge and/or Skills**  | * Show coordination in some ball-handling drills.
* Mark the pass or the shot confidently.
* Make choices on when to shoot and when to pass.
* Stay active to intercept a pass.
* Play in position and remain onside.
 | * Apply basic defensive positions in a game
* Pass the ball accurately whilst on the move.
* Identify and follow the basic principles of defending an attack. (Line defence)
* Use the ‘magic diamond’ in a game scenario.
* Follow 3 step and pass rule to create momentum.
 | * Play as an attacker and defender.
* Perform a penalty kick with speed and accuracy.
* Plan and teach an attacking drill to others.
* Play the role of a cover defender in practice and game scenarios.
* Use close control to keep possession of the ball when under pressure.
 | * Play as an attacker and defender.
* Perform a long corner routine as part of a team
* Work collaboratively to identify players that need to marked.
* Explain why opposition players should be channelled to the edge of the pitch.
* Dribble using the Indian dribble technique.
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| **Progression of Learning in lessons-Objectives covered** | * I can observe and follow the double bounce rule.
* I can mark a pass or shot.
* I can organise myself and my team around the D ready to receive a pass.
* I can compete to win the rebounding ball.
* I can knock the ball away and explain when I would do this.
* I can make good choices about which pass to use in a game.
 | * I can use defensive positions to make and tag an attacker.
* I can pass a ball accurately and consistently while on the move.
* I can defend as part of a team.
* I can use a pop pass over short distances.
* I can move the ball quickly using the ‘magic diamond’ formation.
* I can use the 3 step and pass rule with some confidence.
 | * I can set up a shooting opportunity for a teammate.
* I can restrict an opponent’s space by defending with my partner.
* I can perform a penalty kick with power and accuracy.
* I can attack and shoot as a pair.
* I can perform the role of a cover defender to stop attack.
* I can use close control to keep possession of the ball under pressure.
 | * I can tackle to dispossess an attacker.
* I can use fast, accurate passes to create scoring opportunities.
* I can mark an attacker to stop them from scoring.
* I can perform a sweep hit to send the ball ‘first time’.
* I can move the ball from left to right whilst dribbling.
* I can use a variety of techniques to keep possession in a game.
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| **Vocabulary** | Tactics, gameplay, blocking, free, metre, organisation, rebounds, prone, thirds, area, offside. | Contest, possession, pressure, support, pop pass, turn over, lose pass, W grip, offence, formation. | Fair play, tackle, covering, supporting, strategy, set up, assist, deny, set play, covering, defender. | Teamwork, score, shoot, positions, power, distance, perform, consistent, fair play |
| **Personal Development****(Head, Hand, Heart)** | * Head: Make choices about where to pass the ball.
* Hand: Anticipate, track and control a rebounding ball from a shot.
* Heart: Play in high 5 squad rotations working well in a team
 | * Head: Recognise principles of defence.
* Hand: Combine skills such as running and passing.
* Heart: As a team maintain possession.
 | * Head: Devise a drill that develops a particular skill.
* Hand: Apply correct body positioning when closing down a player to defend.
* Heart: Collaborate with a partner to implement simple defensive techniques.
 | * Head: Apply basic defensive positions.
* Hand: Able to combine basic skills such as dribbling and passing.
* Heart: Work as a team to attack and defend.
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| **Application Task** | Intra-competition in house groupsCNSSP Competition Link | Intra-competition in house groupsCNSSP competition link | Intra-competition in house groupsCNSSP Competition Link | Intra-competition in house groupsCNSSP Competition Link |