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| **Physical Education**  **Core Curriculum**  **Year 5&6**  **Autumn Term Year A** | | | | |
|  | **Autumn Term 1** | | **Autumn Term 2** | |
| **Unit of Work** | Netball  (Year 6) | Tag Rugby  (Year 5) | Football  (Year 6) | Hockey  (Year 6) |
| **Prior Learning** | Used specific netball skills in games. Played in different positions on the pitch both attack and defence. Moving the ball over longer distances. | Consistently performed basic tag rugby skills. Implemented rules, develop tactics in competitive situations. Increased speed and endurance during gameplay | Played effectively in a variety of positions and formations. Related a greater number of attacking and defensive tactics to gameplay. Attempted more skills when performing movements at speed. | Learned about attacking and moving toward a goal. Able to follow the basic rules for a hockey game. Learned how to pass, receive, control, dribble and shoot. |
| **Unit Focus – Key Knowledge & Skills** | Work as a team to improve group tactics and gameplay. Play within the rules using blocking skills for shots and passes. Develop defensive skills. | Combine basic tag rugby skills such as catching and quickly passing in one movement. Select and implement appropriate skills in a game situation. Begin to play effectively when attacking and defending. Increase the power of passes so the ball can be moved quickly over greater distance. | Choose and implement a range of strategies to attack and defend. Perform a wider range of more complex skills. Recognise and describe good performances. Suggest, plan and lead simple drills for given skills. | Combine basic hockey skills such as dribbling and push pass. Select and apply skills in a game. Play effectively in different positions on the pitch including in defence. Increase power and strength of passes, moving the ball over longer distances |
| **5 Essential Key Knowledge and/or Skills** | * Show coordination in some ball-handling drills. * Mark the pass or the shot confidently. * Make choices on when to shoot and when to pass. * Stay active to intercept a pass. * Play in position and remain onside. | * Apply basic defensive positions in a game * Pass the ball accurately whilst on the move. * Identify and follow the basic principles of defending an attack. (Line defence) * Use the ‘magic diamond’ in a game scenario. * Follow 3 step and pass rule to create momentum. | * Play as an attacker and defender. * Perform a penalty kick with speed and accuracy. * Plan and teach an attacking drill to others. * Play the role of a cover defender in practice and game scenarios. * Use close control to keep possession of the ball when under pressure. | * Play as an attacker and defender. * Perform a long corner routine as part of a team * Work collaboratively to identify players that need to marked. * Explain why opposition players should be channelled to the edge of the pitch. * Dribble using the Indian dribble technique. |
| **Progression of Learning in lessons-Objectives covered** | * I can observe and follow the double bounce rule. * I can mark a pass or shot. * I can organise myself and my team around the D ready to receive a pass. * I can compete to win the rebounding ball. * I can knock the ball away and explain when I would do this. * I can make good choices about which pass to use in a game. | * I can use defensive positions to make and tag an attacker. * I can pass a ball accurately and consistently while on the move. * I can defend as part of a team. * I can use a pop pass over short distances. * I can move the ball quickly using the ‘magic diamond’ formation. * I can use the 3 step and pass rule with some confidence. | * I can set up a shooting opportunity for a teammate. * I can restrict an opponent’s space by defending with my partner. * I can perform a penalty kick with power and accuracy. * I can attack and shoot as a pair. * I can perform the role of a cover defender to stop attack. * I can use close control to keep possession of the ball under pressure. | * I can tackle to dispossess an attacker. * I can use fast, accurate passes to create scoring opportunities. * I can mark an attacker to stop them from scoring. * I can perform a sweep hit to send the ball ‘first time’. * I can move the ball from left to right whilst dribbling. * I can use a variety of techniques to keep possession in a game. |
| **Vocabulary** | Tactics, gameplay, blocking, free, metre, organisation, rebounds, prone, thirds, area, offside. | Contest, possession, pressure, support, pop pass, turn over, lose pass, W grip, offence, formation. | Fair play, tackle, covering, supporting, strategy, set up, assist, deny, set play, covering, defender. | Teamwork, score, shoot, positions, power, distance, perform, consistent, fair play |
| **Personal Development**  **(Head, Hand, Heart)** | * Head: Make choices about where to pass the ball. * Hand: Anticipate, track and control a rebounding ball from a shot. * Heart: Play in high 5 squad rotations working well in a team | * Head: Recognise principles of defence. * Hand: Combine skills such as running and passing. * Heart: As a team maintain possession. | * Head: Devise a drill that develops a particular skill. * Hand: Apply correct body positioning when closing down a player to defend. * Heart: Collaborate with a partner to implement simple defensive techniques. | * Head: Apply basic defensive positions. * Hand: Able to combine basic skills such as dribbling and passing. * Heart: Work as a team to attack and defend. |
| **Application Task** | Intra-competition in house groups  CNSSP Competition Link | Intra-competition in house groups  CNSSP competition link | Intra-competition in house groups  CNSSP Competition Link | Intra-competition in house groups  CNSSP Competition Link |