|  |
| --- |
| **Physical Education** **Core Curriculum** **Year 1&2****Summer Term Year A** |
|  | **Summer Term 1** | **Summer Term 2** |
| **Unit of Work** | Attack, Defend & ShootUnit 2 (Year 2) | Hit, Catch & RunUnit 1 (Year 2) | Run, Jump & ThrowUnit 2 (Year 1) | Hit, Catch & RunUnit 2 (Year 2) |
| **Prior Learning**  | Can send a ball using feet and can receive a ball using feet. Refine ways to control bodies and a range of equipment. Recall and link combinations of skills, e.g., dribbling and passing. | Developed sending and receiving skills to benefit fielding as a team. Distinguished between hitting and catching. Introduced to the concept of simple tactics. | Begun to link running and jumping. Learnt and refined a range of running. Developed throwing techniques to throw over longer distances. | Have developed hitting skills with a variety of bats. Practiced feeding/bowling skills. Hit and run to score points in games. |
| **Unit Focus – Key Knowledge & Skills**  | Select and apply a small range of simple tactics. Recognise good quality in self and others. Work with others to build basic attacking play. | To develop hitting skills with a variety of bats. Practice feeding/bowling skills. Hit and run to score points in games | Increase stamina and core strength. Work collaboratively on more complex tasks. Work to improve strength, balance, agility and coordination. | Work on a variety of ways to score runs in the different hit, catch, run games Work in teams to field. Begin to play the role of wicketkeeper or backstop. |
| **5 Essential Key Knowledge and/or Skills**  | * Send a ball/beanbag to a target with my hands or feet with increasing accuracy.
* Find space in a game.
* Co-ordinate hands and feet to progress forwards.
* Know and understand the role of a goalkeeper.
* Begin to intercept a ball from a person or team.
 | * Return a ball with hand/bat using a side stance.
* Defend a target using hands and feet.
* Begin to use an underarm bowl with some control.
* Receive and send a ball at speed
* Begin to consistently hit a ball with hands/bats
 | * Push off right and left leg to change direction with some control.
* Explain what the word stamina means in relation to sports.
* Identify where the core of my body is.
* Stride and jump for height.
* Explore and practise a variety of alternative start positions for running
 | * Know that being on a base makes me safe.
* Make decisions about which direction to send a ball.
* Recognise the role of a wicketkeeper.
* Recognise the role of a backstop.
* Work as a team to score points.
 |
| **Progression of Learning in lessons-Objectives covered**  | * I can throw different types of equipment.
* I can move to a space after passing a ball.
* I can pass and move forward to a target with a partner.
* I can position myself as a goalkeeper.
* I can intercept a ball from a person on the other team.
* I can use skills in a competition.
 | * I can hit a ball and run to score points.
* I can defend a target by kicking.
* I can bowl underarm with control.
* I can hit a ball using different bats and techniques.
* I can throw accurately to a base.
* I can hit a ball into a space, away from fielders.
 | * I can use agile movements in different activities.
* I can identify different ways to recognise the start and end of an activity e.g. whistle.
* I can develop stamina when running.
* I can develop core strength to improve throwing.
* I can stride and jump for height.
* I can choose the best starting position for running quickly.
 | * I can time a run to stay safe.
* I can kick a ball into a space using different parts of the foot.
* I can respond to how a ball is bowled when hitting.
* I can understand the role of the wicketkeeper.
* I can understand the role of the backstop and its likeness to a wicketkeeper.
* I can bowl underarm in a game with accuracy.
 |
| **Vocabulary** | Rebound, aim, speed, direction, scoring, controlling, following, intercepting, tactics. | Hit, catch, runs, wicket, bats, bowl, feed, throw, catch, underarm, overarm, field, hitter, bowler, umpire, posts, stumps. | Run, hop, skip, step, sideways, throw, slow, medium, agile, link, skipping, power, track, relay, tag, partner, sprint. | Outwit, bowler, strike, respond, stump, stumping, wicketkeeper, backstop, position, role. |
| **Personal Development****(Head, Hand, Heart)** | * Head: Select the most appropriate skill to move forwards.
* Hand: Can send a variety of different size and shaped balls.
* Heart: Work with a partner and in small groups to develop specific skills.
 | * Head: Make choices about where to hit the ball.
* Hand: Has developed hitting skills with a variety of bats.
* Heart: Display sportsmanship when competing against others.
 | * Head - Select the correct skill for the situation.
* Hand – Perform skills and tasks in set times.
* Heart – Work partners to help improve their performance.
 | * Head: Make choices about where to hit the ball.
* Hand: Attempted to play the role of wicket keeper or backstop.
* Heart: Can work in small groups to field and bat.
 |
| **Application Task** | Intra-competition in house groups | Intra-competition in house groups | Intra-competition in house groups | Intra-competition in house groups |