

# Our commitment to you.....

Our "Food For Life Served Here" menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

# Fresh Catering



Autumn/ Winter 2021

At: **Bridgemere Primary School**

November 2021

M	Tu	W	T	Fri	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

December 2021

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2022

M	Tu	W	T	Fri	Sa	Su
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February 2022

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2022

M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2022

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	





# Autumn/ Winter Menu 2021

## Week 1

## Week 2

**MONDAY**

Organic Beef Meatballs in a Tomato Sauce with Pasta

Vegetarian Sausage Roll, Potatoes & Gravy

Fresh Fruit Platter or Organic Yogurt

**TUESDAY**

Chicago Town Pizza with Potato Wedges

Jacket Potato with a Choice of Filling/s (v)

Fresh Fruit Platter or Fruity Flapjack

**WEDNESDAY**

Roast Chicken, Roast Potatoes, Stuffing, Vegetables & Gravy

Vegetarian Chilli & Potato One Pot Bake (v)

Fresh Fruit Platter or Rice Pudding

**THURSDAY**

Homemade Cottage Pie

Jacket Potato with a Choice of Filling/s (v)

Fresh Fruit Platter or Dorset Apple Cake

**FRIDAY**

Tandoori Chicken Chunks with a Curry Dipping Sauce

Fish/ Salmon Fish Fingers with Chips

Fresh Fruit Platter or Chocolate Oatie Biscuit or Yogurt

**MONDAY**

Ravioli with Tomato Sauce (v)

Cheese & Potato Pie with Baked Beans (v)

Fresh Fruit Platter or Organic Yogurt

**TUESDAY**

Chicken Enchilada with Savoury Rice

Quorn Korma with Rice & Cous Cous (v)

Fresh Fruit Platter or Fruit Crumble & Custard

**WEDNESDAY**

Butchers Pork Sausage with Yorkshire Pudding

Pasta Italiane (v)

Fresh Fruit Platter or Chocolate Surprise Brownie

**THURSDAY**

Spanish Chicken in a Tomato Sauce with Savoury Rice

Cheese Toastie with Homemade Soup (v)

Fresh Fruit Platter or Fruit Sponge

**FRIDAY**

Battered Fish Fillet with Chips

Vegetarian Spaghetti Bolognese with Garlic Bread (v)

Organic Yogurt or Ginger Biscuit with Fruit Chunk

