

Body Changes

| Changes that happen in puberty... | Male | Female | Everyone |
|---|------|--------|----------|
| Grows taller | | | |
| Has hair under the arms | | | |
| Develops pubic hair | | | |
| Grows hair on the face | | | |
| Private parts grow bigger | | | |
| Breasts grow | | | |
| Hair on legs | | | |
| Periods start | | | |
| Voice gets deeper | | | |
| Has mood swings | | | |
| Might think about having a boyfriend/girlfriend | | | |