

AUTUMN/ WINTER MENU 2026

FRESH!

NUTRITIOUS

OUR SCHOOL MEALS AT A GLANCE

We believe school meals should be nutritious, varied and enjoyable – helping every child feel fuelled, focused and ready to learn.

Nutritious and Balanced

- ✓ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ✓ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ✓ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ✓ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ✓ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ✓ All menus are developed in line with the School Food Standards
- ✓ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ✓ Meat dishes meet Government Buying Standards (GBS) requirements
- ✓ Oily fish is included, in accordance with the School Food Standards

Something for Everyone

- ✓ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ✓ Allergy Aware and bespoke menus are available to support pupils with specific dietary needs

Healthier Choices

- ✓ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ✓ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

**AUTUMN
WINTER
2026**

FRESH!

NUTRITIOUS

HOT DISHES

TASTY

DELI DISHES

**OPTION
1**

Cheese and Tomato Pizza
with Pesto Pasta



**OPTION
2**

Creamy Garlic Pasta



**OPTION
3**

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



TUESDAY

**Sweet Potato
and Lentil Curry**
with Wholegrain Rice



Pork Meatball Sub
with Herby Diced Potatoes

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



WEDNESDAY

Cheese and Onion Pie
with Roast Potatoes



Roast Chicken
with Roast Potatoes,
Stuffing and Gravy

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



THURSDAY

Vegan Meatball Baguette
with Potato Wedges



Lasagne
with a Garlic Doughball



Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



FRIDAY

Quorn Dippers
with Chips



Fish Fingers
with Chips

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



HOT DISHES ARE SERVED WITH TWO SEASONAL VEGETABLES AND FRESHLY BAKED BREAD

**OPTION
4**

Cheese and Tomato Panini



**OPTION
5**

Egg Mayonnaise Sandwich



Tuna and Cheese Panini Melt

Ham Baguette

Roast Chicken Pitta Pocket

**Cheese, Carrot
and Apple Slaw Wrap**



Cheese and Tomato Toastie



Tuna Mayonnaise Sandwich

**Cream Cheese
and Cucumber Wrap**



DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Lemon Cookie



Chocolate Ice Cream

Apple Crumble
with Custard



Chocolate Marble Cake

Yoghurt and Fruit



AVAILABLE DAILY



**FRESH FRUIT, SALAD,
YOGHURT AND WATER**



BAKED POTATOES
With a choice of topping

FRUITY!

Vegetarian **Vegan** **Oily Fish** **Fruity!** **Wholegrain** **Nutritionist's Choice** **Halal Available**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

**WEEK 1
WEEK 2
WEEK 3**

05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026, 20/04/2026, 05/01/2026, 26/01/2026, 16/02/2026, 09/03/2026, 30/03/2026, 20/04/2026, 05/01/2026, 26/01/2026, 16/02/2026.

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NUTRITIOUS

HOT DISHES

TASTY

DELI DISHES

**OPTION
1**

Cheese and Tomato Pizza
with Pesto Pasta
V 🌿

**OPTION
2**

Spicy Tomato Pasta Bake
with a Garlic Doughball
V 🌿

**OPTION
3**

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta
V 🌿

TUESDAY

Chinese Vegetable Rice
V 🌿 🍷

Beef Burger
with Herby Diced Potatoes

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta
V 🌿

WEDNESDAY

Quorn Roast
with Potatoes, Yorkshire
Pudding and Gravy
V

Roast Pork
with Potatoes, Yorkshire
Pudding and Gravy

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta
V 🌿

THURSDAY

Beany Pasta Bake
V 🌿

Chicken and Sweetcorn Pie
with Mashed Potato

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta
V 🌿

FRIDAY

Quorn Dippers
with Chips
VE

Fish Fingers
with Chips

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta
V 🌿

HOT DISHES ARE SERVED WITH TWO SEASONAL VEGETABLES AND FRESHLY BAKED BREAD

**OPTION
4**

Cheese Panini
V

**Tuna and Cheese
Panini Melt**

**Roast Gammon
Pitta Pocket**

Cheese and Tomato Panini
V

Cheese Panini
V

**OPTION
5**

Egg Mayonnaise Roll
V

**Cream Cheese and Cucumber
Pitta Pocket**
V

Cheese Baguette
V

Tuna and Sweetcorn Wrap

Ham Sandwich

DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Chocolate Cookie
VE

Strawberry Ice Cream

Apple and Berry Crumble
with Custard
🍏 🍷

Chocolate Fudge Cake

Yoghurt and Fruit
🍏 🍷

AVAILABLE DAILY



**FRESH FRUIT, SALAD,
YOGHURT AND WATER**



BAKED POTATOES
With a choice of topping V 🐟

V Vegetarian V🌿 Vegan 🐟 Oily Fish 🍏 Fruity! 🌿 Wholegrain 🍷 Nutritionist's Choice H Halal Available

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**AUTUMN
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NUTRITIOUS

HOT DISHES

TASTY

DELI DISHES

**OPTION
1**

Cheese and Tomato Pizza
with Pesto Pasta



**OPTION
2**

Red Pepper
and Pesto Spaghetti



**OPTION
3**

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



TUESDAY

Chinese Vegetable
Noodles



Homemade Sausage Roll
with Herby Diced Potatoes

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



WEDNESDAY

Quorn Roast
with Mashed Potato, Yorkshire
Pudding and Gravy



Roast Chicken
with Mashed Potato, Yorkshire
Pudding and Gravy

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



THURSDAY

Macaroni Cheese



Beef Bolognese
with Wholewheat Pasta



Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



FRIDAY

Quorn Dippers
with Chips



Fish Fingers
with Chips

Tomato Pasta
Fresh, Homemade Tomato
Sauce with Pasta



HOT DISHES ARE SERVED WITH TWO SEASONAL VEGETABLES AND FRESHLY BAKED BREAD

**OPTION
4**

Cheese Panini



Cheese and Tomato Panini



Roast Chicken Pitta Pocket

Cheese Panini



Cheese and Tomato Panini



**OPTION
5**

Houmous and Carrot Wrap



Ham Sandwich

Cheese Wrap

Tuna and Sweetcorn
Pitta Pocket

Egg Mayonnaise Baguette



DELI DISHES ARE SERVED WITH MIXED SALAD

DESSERT

Oat Cookie
with Fruit



Vanilla Ice Cream

Chewy Muesli Fruit Bar



Chocolate Sponge
with Chocolate Custard

Yoghurt and Fruit



AVAILABLE DAILY



**FRESH FRUIT, SALAD,
YOGHURT AND WATER**



BAKED POTATOES
With a choice of topping

FRUITY!

V Vegetarian **VE Vegan** **F Fruity!** **W Wholegrain** **N Nutritionist's Choice** **H Halal Available**

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