

# ELIGIBILITY CRITERIA

## Who is eligible to apply?

To be eligible, you must meet the following criteria:

- You must have a child aged 4-18 years old.
- Your child(ren) must have a chronic illness or disability.

## Charitable Funding Eligibility:

- You can apply to Caudwell Children for 80% of the cost towards two workshops each year.
- To receive funding support toward the cost of workshops, your household income must be less than £45,000 per year.
- If you are eligible for charitable funding, you will be asked to contribute £33.40 (20%) towards the full workshop cost.

For more information on eligibility criteria, please visit [www.caudwellchildren.com/workshops](http://www.caudwellchildren.com/workshops)

# HOW DO I APPLY?

To see how we can support you and your family today, contact us to arrange to speak to a member of the Family Workshops Team.



☎ 0345 300 1348

✉ [workshops@caudwellchildren.com](mailto:workshops@caudwellchildren.com)

[www.caudwellchildren.com](http://www.caudwellchildren.com)

# OUR SERVICES



**Family Support:** Providing families caring for a disabled child or young person with vital support, signposting and information over the phone, email, or via live chat.



**Equipment:** Supporting families with mobility, sports and sensory equipment to help children and young adults with their development, mobility and independence.



**Treatment:** Providing support with life-changing treatment for children with disabilities or chronic illnesses.



**Therapy:** Supporting families to access funding enabling them to receive therapeutic intervention programmes for children with cerebral palsy, brain injuries and other associated conditions.



**Short Breaks:** Hosting activities for children and young people with Special Educational Needs and Disabilities. These sessions enable children to have fun, spend time with friends and build upon their confidence and skills, in a safe, inspiring and welcome environment. We also provide family opportunities.



**Autism Services:** Providing diagnostic assessments, practical and emotional support for autistic children and their families.



**Sensory Packs:** Supporting families to access a range of portable sensory support packs.



**Workshops:** Providing families with a range of workshops that focus on many of the common differences associated with raising a child with a disability or an autistic child.



# FAMILY WORKSHOPS

# INTRODUCTION

Caudwell Children deliver a range of practical and accessible workshops. These workshops focus on some of the key difficulties families may experience when raising a child with a disability and/ or is autistic.

These workshops can be accessed in person at our International Children's Centre in Keele or online.

Listening to experts by experience is at the heart of everything we do at Caudwell Children. These workshops have been developed in direct consultation with autistic people, parents and beneficiaries.



# ABOUT OUR WORKSHOPS

## Meeting Sensory Needs Workshop

This provides an introduction to sensory processing and explores how this may impact your child and family. We will also provide you with strategies and tips that you can use in your day-to-day life.

## Language and Communication Workshop

This looks at all kinds of communication. We help you and your family to understand your child's preferred method and level of communication and how this can be supported to better understand a young person's wants and needs.

## Forming Relationships Workshop

This will help you and your family to understand the importance of play and determine how play can impact learning for your child.

## Supporting Positive Behaviour Workshop

This will help you and your family to understand the functions of behaviour and recognise why certain behaviours may be repetitive.

## Autism and Wellbeing

This workshop will help you to develop knowledge of common mental health issues and concerns for wellbeing in autistic children and young people.



Workshops recommended for you and your child.

Child-friendly Workshop

## Change and Transition

This workshop will provide you and your family with advice about strategies and support that can help during key life transitions.

## Eating

This workshop will help you and your family to understand the developmental stages of eating and drinking. We will support you to recognise how stages of development may affect your child's eating and drinking skills.

## Sleep

This workshop will aim to provide you with some useful strategies and tips to support your family in understanding sleep patterns and identifying habits and recognise how these may impact your child and family.

## Daily Living Skills

This workshop will support you and your family to explore a range of strategies to support your child's independence at home, school and in the community.

## Making Sense of Autism Day 1

This online workshop is for parents and carers. It will help you and the rest of your family to gain an understanding of strengths and differences your child may have following their diagnosis.

## Making Sense of Autism Day 2

For parents/ carers and young people who have a diagnosis of autism. This will allow you and your family to explore with your child how they understand themselves and how they understand their emotions.

This workshop is available for young people aged 4-7 years old or 8-11 years old.