

# Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

# Fresh Catering



CATERING WITH THE RIGHT INGREDIENTS



Spring / Summer 2021

At: **Bridgemere Primary School**

June 2021

M	Tu	W	T	Fri	Sa	Su
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2021

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2021

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2021

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





# Spring/ Summer Menu 2021

## Week 1

## Week 2

**MONDAY**

Cheese & Tomato  
Pizza with Potato  
Wedges

Jacket Potato with a  
Choice of Filling/s (v)

Organic Yogurt

**TUESDAY**

Katsu Chicken  
Curry with  
Savoury Rice

Pasta Italiane (v)

Rhubarb & Apple  
Flapjack Crumble  
with Ice Cream

**WEDNESDAY**

Beef Lasagne  
Garlic Bread

Jacket Potato with  
Cheesy Beans (v)

Sultana Cookie with  
Fruit Chunk or  
Organic Yogurt

**THURSDAY**

Chicken & Veg Pie  
Boiled Potatoes

Vegetable Ravioli in  
a Homemade Cheese  
or Tomato Sauce (v)

Vanilla Ice Cream  
with Summer Fruit  
Coulis

**FRIDAY**

Butchers/Quorn(v)  
Sausage, Hash Brown  
Baked Beans

Battered Fish  
Chips, Mushy Peas/  
Baked Beans

Chocolate Crunch  
with Fruit Chunk

**MONDAY**

Organic Meatball  
Pasta Bake

Vegetarian Sausage  
Roll with Creamed  
Potatoes (v)

Organic Yogurt

**TUESDAY**

Mild Chicken Curry  
Rice & Cous Cous

Vegetarian Burger in  
a Soft Bun (v)

Chocolate & Banana  
Cup

**WEDNESDAY**

Roast Pork, Apple  
Sauce, Creamed/ Roast  
Pots, Stuffing & Gravy

Quorn Fillet, Stuffing  
& Gravy, Creamed/  
Roast Potatoes (v)

Carrot & Pineapple  
Traybake

**THURSDAY**

Traditional Cottage Pie

Cheese Ploughman's  
Panini (v)  
Summer Coleslaw

Frozen Yogurt Ice  
Cream

**FRIDAY**

Marinated Chicken  
Fillet with Chips

Salmon/Fish Fingers  
with Chips & Peas

Kracholette or  
Organic Yogurt

