

# Our commitment to you.....

Our "Food For Life Served Here" menu means we serve  
*Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners  
and additives*

Our food is freshly prepared on site by professional staff  
who care about quality and ingredients

We support local wherever possible...our meat comes from  
*Quality Cuts of Sandbach, Littler's of Sandiway, Barrows of  
Bollington and Lower Hurst Farm in Derbyshire.*

We use free range eggs, organic yogurt, organic Mornflake  
oats and MSC fish.

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

# Fresh Catering



CATERING WITH THE  
RIGHT INGREDIENTS



Spring / Summer 2021

At: **Bridgemere Primary School**

| April 2021 |    |    |    |     |    |    |
|------------|----|----|----|-----|----|----|
| M          | Tu | W  | T  | Fri | Sa | Su |
|            |    |    | 1  | 2   | 3  | 4  |
| 5          | 6  | 7  | 8  | 9   | 10 | 11 |
| 12         | 13 | 14 | 15 | 16  | 17 | 18 |
| 19         | 20 | 21 | 22 | 23  | 24 | 25 |
| 26         | 27 | 28 | 29 | 30  |    |    |

| May 2021 |    |    |    |     |    |    |
|----------|----|----|----|-----|----|----|
| M        | Tu | W  | T  | Fri | Sa | Su |
|          |    |    |    |     | 1  | 2  |
| 3        | 4  | 5  | 6  | 7   | 8  | 9  |
| 10       | 11 | 12 | 13 | 14  | 15 | 16 |
| 17       | 18 | 19 | 20 | 21  | 22 | 23 |
| 24       | 25 | 26 | 27 | 28  | 29 | 30 |

| June 2021 |    |    |    |     |    |    |
|-----------|----|----|----|-----|----|----|
| M         | Tu | W  | T  | Fri | Sa | Su |
| 31        | 1  | 2  | 3  | 4   | 5  | 6  |
| 7         | 8  | 9  | 10 | 11  | 12 | 13 |
| 14        | 15 | 16 | 17 | 18  | 19 | 20 |
| 21        | 22 | 23 | 24 | 25  | 26 | 27 |
| 28        | 29 | 30 |    |     |    |    |

| July 2021 |    |    |    |     |    |    |
|-----------|----|----|----|-----|----|----|
| M         | Tu | W  | T  | Fri | Sa | Su |
|           |    |    | 1  | 2   | 3  | 4  |
| 5         | 6  | 7  | 8  | 9   | 10 | 11 |
| 12        | 13 | 14 | 15 | 16  | 17 | 18 |
| 19        | 20 | 21 | 22 | 23  | 24 | 25 |
| 26        | 27 | 28 | 29 | 30  | 31 |    |

| September 2021 |    |    |    |     |    |    |
|----------------|----|----|----|-----|----|----|
| M              | Tu | W  | T  | Fri | Sa | Su |
|                |    | 1  | 2  | 3   | 4  | 5  |
| 6              | 7  | 8  | 9  | 10  | 11 | 12 |
| 13             | 14 | 15 | 16 | 17  | 18 | 19 |
| 20             | 21 | 22 | 23 | 24  | 25 | 26 |
| 27             | 28 | 29 | 30 |     |    |    |

| October 2021 |    |    |    |     |    |    |
|--------------|----|----|----|-----|----|----|
| M            | Tu | W  | T  | Fri | Sa | Su |
|              |    |    |    | 1   | 2  | 3  |
| 4            | 5  | 6  | 7  | 8   | 9  | 10 |
| 11           | 12 | 13 | 14 | 15  | 16 | 17 |
| 18           | 19 | 20 | 21 | 22  | 23 | 24 |
| 25           | 26 | 27 | 28 | 29  | 30 | 31 |





# Spring/ Summer Menu 2021

## Week 1

## Week 2

### MONDAY

Cheese & Tomato  
Pizza with Salad  
Potatoes

Jacket Potato with a  
Choice of Filling/s (v)

Organic Yogurt

### TUESDAY

Katsu Chicken  
Curry  
Savoury Rice

Pasta Italienne (v)

Rhubarb & Apple  
Flapjack Crumble  
with Ice Cream

### WEDNESDAY

Beef Lasagne  
Garlic Bread

Jacket Potato with  
Cheesy Beans (v)

Sultana Cookie with  
Fruit Chunk or  
Organic Yogurt

### THURSDAY

Chicken & Veg Pie  
Boiled Potatoes

Vegetable Ravioli in  
a Homemade Cheese  
or Tomato Sauce (v)

Vanilla Ice Cream  
with Summer Fruit  
Coulis

### FRIDAY

Butchers/Quorn(v)  
Sausage, Hash Brown  
Baked Beans

Battered Fish  
Chips, Mushy Peas/  
Baked Beans

Chocolate Crunch  
with Fruit Chunk

### MONDAY

Organic Meatball  
Pasta Bake

Vegetarian Sausage  
Roll with Creamed  
Potatoes (v)

Organic Yogurt

### TUESDAY

Mild Chicken Curry  
Rice & Cous Cous

Vegetarian Burger in  
a Soft Bun (v)

Chocolate & Banana  
Cup

### WEDNESDAY

Roast Pork, Apple  
Sauce, Creamed/ Roast  
Pots, Stuffing & Gravy

Quorn Fillet, Stuffing  
& Gravy, Creamed/  
Roast Potatoes (v)

Carrot & Pineapple  
Traybake

### THURSDAY

Traditional Cottage Pie

Cheese Ploughmans  
Panini(v)  
Summer Coleslaw

Frozen Yogurt Ice  
Cream

### FRIDAY

Marinated Chicken  
Fillet  
Chips

Salmon/Fish Fingers  
with Chips  
Peas/Baked Beans

Kracholette or  
Organic Yogurt