# Autism Inclusive Newsletter - FEBRUARY 2022

#### Family Fun Xmas; a festive success!

Our Family Fun Christmas event raised a brilliant £302.60! All the families that attended had a great time, enjoying activities delivered by Smart Bright Movers and Orbis Outdoor Adventures, as well as receiving Christmas treats from the event sponsors, The Crewe Dog. One of Santa's little helpers on the day was Ben, who along with his sister Emily and mum Andrea, had spent all their spare time in the run up to Christmas making decorations for us to sell! Thank you to all those that helped to make the event so fab!



#### Group News...

Monthly Evening Group — the 4<sup>th</sup> Wednesday of each month, a reminder that we have speech consultant David Reiser and behavioural therapist Mick Rimmington holding private, and with no cost, consultations throughout the evening. If you'd like an appointment, please get in touch. Due to high demand, we run a waiting list. To be added drop us an email: contact@autisminclusive.org.uk

**Gaming** – now running EVERY Monday AND Tuesday night from 7pm to 9pm, these sessions continue to be popular! Please be sure when booking that you double check both the date AND the number of spots you're booking. Only gamers are required to book, parents/carers who accompany do not need to book.

All Al groups, available to book online under 'Events'

## Crewe Market Hall Charity of the Year 2022

#### CREWE MARKET HALL

We're very pleased to announce that the lovely folk at Crewe Market Hall have chosen Autism Inclusive as their 2022 charity. The recently refurbished space has become a local hotspot for excellent food, drink, retail and entertainment and we're looking forward to working with the venue to raise awareness, acceptance, and FUNDS over the next few months  $\bigcirc$ 

#### **NEW: VISUALS WORKSHOP!**

Smart Bright Training are coming to deliver TWO excellent workshops; one for parents, one for professionals, to discuss VISUALS and PROMPTS. Super practical and informative, they're approaching soon, with spaces available to book via our website NOW!

Parents: Friday 4<sup>th</sup> February 9.30am to 11.30am, £10.00 per person.

Professionals: Friday 11<sup>th</sup> February 9.30am to 11.30am, £25.00 per person inclusive of CPD certification.



Full details of both workshops can be found on our Facebook page.

Find them under the 'Events' section of our website to book!

#### QUIZ TIME!

Join us for a great evening, no need to book, just come along. See you there!

#### Coppenhall Working Mens Club





# QUIZ NIGHT 20TH FEBRUARY 7PM COPPENHALL CLUB

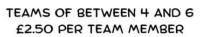
103 NORTH STREET, CREWE, CWI 4NJ

JOIN US FOR A CHARITY QUIZ NIGHT RAISING MONEY FOR AUTISM INCLUSIVE A LOCAL CHARITY HERE IN CREWE AND THE MAYORS CHARITY FOR 2021/2



CREWE TOWN MAYOR TOM DUNLOP

WWW.AUTISMINCLUSIVE.ORG.UK CHARITY NUMBER 1162587





QUIZMASTER CHRIS HUGHES FROM EGGHEADS

THE WINNING TEAM WILL GO HEAD TO HEAD WITH CHRIS HUGHES OF EGGHEADS

#### **GAMING JUST GOT COMFIER!**

With massive thanks to Overclockers, our gamers will now be able to enjoy a better experience thanks to the amazing donation of EIGHT gaming chairs! Gaming Lead Chris and his dad Graham were busy over the weekend assembling the chairs, ready for gaming sessions from Monday 31<sup>st</sup> January.



Fancy joining our growing gaming community? Just book on! Gaming sessions to the end of March are now available to book via our website, under the 'Events' section

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# Matthew sets off for a full year of fundraising for Autism Inclusive!

One of our loyal Monday night gamers is setting himself quite the challenge for 2022! Matthew has planned to complete 20 bike rides throughout the year, all being at least 22 miles (for 2022) and he's hoping to gain as many sponsors as he can! Matthew loves his gaming evenings, so wants to raise as much money as he can for AI. If you'd like to sponsor Matthew or donate straight to his fundraising, please get in touch. We're very proud of him already, go Matthew!



#### Need to get in touch?

The easiest and quickest way is to email or via our website. We do have a landline number (01270 214589) however this is not staffed so we're not able to answer calls. We have a messaging option, but please remember to leave your name and a return number!

#### contact@autisminclusive.org.uk

www.autisminclusive.org.uk

Autism Inclusive, Apollo Buckingham Health Science Campus, Crewe Green Road, Crewe, Cheshire, CW1 5DU



### Al Community News

#### Family Ties - Baby & Toddler Drop In

Come along to Autism Inclusive every Monday morning for the Family Ties CIC, Family First Drop-In. From 9.30am to 11.30am, bring your babies and toddlers and enjoy a variety of activities with your little ones.

Contact details: text 07940 464170 or email admin@familyties.org.uk



Please contact Family Ties directly to book onto their sessions.

#### **FLUTTERBYS**

Running the 2<sup>nd</sup> and 4<sup>th</sup> Thursday evening of each month, Flutterbys offers support for the families of children of all ages that are experiencing difficulties surrounding gender identity. Come along to chat with people in a safe and judgement free space. Fun activities, making new friends, refreshments.

To book onto the session, please contact Flutterbys directly; by email:





#### Springfield School Stay & Play

Stay & Play sessions are now being held at AI every Friday afternoon 12.30pm to 2.30pm. Sensory spaces, messy play and outdoor fun. All attendance must be pre-booked, so get in touch with Farida for more information and to book your space!

Email farida.begum@springfield.cheshire.sch.uk

#### NEW – Mental Health Support Group

Run by AC Care Ltd, this new adult mental health support group will be running the 2<sup>nd</sup> Monday afternoon of each month, 12.30pm to 2.30pm. £4.00 per person, refreshments available, games, chat, sensory space chill and much more.

Starting on Monday 14<sup>th</sup> February, all are welcome.

To book please contact Tina at AC Care Ltd: 07595 976296



#### **SEND Parents**

Ruby's Fund returns this February, with their popular session the 2<sup>nd</sup> and 4<sup>th</sup> Thursday afternoon of each month, 12.30pm to 2.30pm.

Come along to have a friendly chat with Kerry or Steph, and to meet other local parents, little ones are more than welcome. Please contact Ruby's Fund directly to book onto their sessions.

#### **Smart Bright Young Things**

S.B.Y.T's youth club activities range from arts and crafts, drama, to plenty of outdoor play. Promoting independence, communication, creativity and friendships, in a safe and supportive environment. The 4<sup>th</sup> Saturday afternoon of every month, 1pm to 3pm, contact Smart Bright directly to book onto this FREE SESSION! Email smartbrighttraining@gmail.com



# **Opening Hours**

DAY	GROUP	RUN BY	TIME	WHEN
MON	Family First Drop-In	Family Ties	9.30am-11.30am	Weekly
	Adult Mental Health Support Group	AC Care Ltd	12.30pm-2.30pm	2 <sup>nd</sup> Mon of month
	Adult-specific Support Group	Mick Rimmington	12.30pm-2.30pm	3 <sup>rd</sup> Mon of month
	Gaming 14+	Autism Inclusive	7pm-9pm	Weekly
TUES	Private Session	Bethany Walker Respite	4pm-6pm	Weekly
	Gaming 14+	Autism Inclusive	7pm-9pm	Weekly
WED	Parent/Carer Morning Support	Autism Inclusive	9.30am-midday	Weekly
	Evening Support (Appointments with Mick Rimmington & David Rieser)	Autism Inclusive	6.30pm-9pm	4 <sup>th</sup> Wed of month
THURS	SEND Parent/Carer Group	Ruby's Fund	12.30pm-2.30pm	2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of month
	LGBTQ+ Support	Flutterbys	6pm-9pm	2 <sup>nd</sup> & 4 <sup>th</sup> Thurs of month
FRI	Stay & Play	Springfield School	12.30pm-2.30pm	Weekly
SAT	Family Fun	Autism Inclusive	10am-midday	1 <sup>st</sup> & 3 <sup>rd</sup> Sat of month
	SBYT's Youth Club	Smart Bright	1pm-3pm	4 <sup>th</sup> Sat of month
SUN	Play Session	Ruby's Fund	9.30am-12.30pm	1 <sup>st</sup> Sun of month

Please check our website and social media pages for seasonal events and activities not listed above.